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Donald Trump Reveals Checkup Has Him Weighing 267 Pounds

By **MAGGIE HABERMAN** SEPT. 14, 2016

After a whiplash-inducing morning of mixed messages, Donald J. Trump on Wednesday gave a small window into some of the results from his most recent physical examination, revealing his weight to be 267 pounds and that he takes a statin.

Mr. Trump gave the quick synopsis on Dr. Mehmet Oz's television show after the Republican presidential nominee's aides had said that he would, then that he would not, broach the topic with the doctor on the show.

A news release from “The Dr. Oz Show” said that Dr. Oz, “as all physicians do when seeing a patient for the first time,” took the candidate “through a full review of systems including the following: nervous system; head and neck; hormone levels; cardiovascular health and related medications; respiratory health; gastrointestinal health; bladder or prostate health; dermatological health; history of cancer.”

The release also said they reviewed “family medical history — occurrence of Alzheimer’s or dementia, heart disease, cancer in relatives.”

The details about Mr. Trump’s weight were reported by NBC News, and confirmed by a person who attended the taping. It said that Dr. Oz, who focuses heavily on obesity, declared Mr. Trump “slightly overweight” (Mr. Trump is roughly 6 foot 2.) That height and weight amount to a body mass index of more than 34.3, which the National Institutes of Health classifies as “obese.”

Mr. Trump takes a statin, which is normally used to control cholesterol, and which has kept his blood pressure low. There was no evidence of any previous heart attacks and he had a normal echocardiogram, according to the report.

Mr. Trump’s father had Alzheimer’s disease. His daughter Ivanka joined him for a part of the show, which was taped Wednesday on the West Side of Manhattan and is to be broadcast on Thursday.

Mr. Trump, 70, discussed the results as the campaign of his Democratic rival, **Hillary Clinton**, was expected to release some details of her own latest examinations after her recent bout of pneumonia.

Over many months, Mr. Trump has sought to raise questions about the health of Mrs. Clinton, 68, and his supporters have asserted that she is hiding something about her health (her aides have denied this). But Mr. Trump has answered almost no questions about his own health over the last 15 months of his campaign, except for issuing a highly unusual doctor’s note.

So the appearance on Dr. Oz's show, announced on Friday, had been anticipated as a potential breakthrough, as Mr. Trump's aides had said that over the next few days he would release results from the physical examination, which was conducted last week.

Earlier on Wednesday, Mr. Trump's campaign manager, Kellyanne Conway, told Fox News that she did not think the candidate should release medical information on a television show.

A cardiothoracic surgeon by training, Dr. Oz has a large female viewership, one reason the Trump campaign chose him as an outlet. Dr. Oz said he had also invited Mrs. Clinton to appear on the show.

Dr. Oz, known mostly because of Oprah Winfrey, who knighted him "America's Doctor," has a large and devoted fan base. He has worked at some of New York's top hospitals and has generally received praise for focusing on lifestyle choices and for his ability to explain medical concepts in an easy-to-grasp manner.

He has also been criticized for questionable assertions over the course of his television career, and sometimes speaks in the same type of hyperbole as Mr. Trump, which the medical profession has been known to reject.

Correction: September 14, 2016

An earlier version of this article misstated how Donald J. Trump disclosed results of his recent physical examination. He is said to have given the results to Dr. Mehmet Oz to read; Mr. Trump did not read the results himself.

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